



*Cobb County...Expect the Best!*

## Freeman Poole Senior Center

### Ongoing Activities

Seniors (55+) are invited to participate in activities between 8:30 a.m. and 4:30 p.m.

#### MONDAY THROUGH FRIDAY

|                  |                        |
|------------------|------------------------|
| 8:00 – 8:45 a.m. | Poole Pacers (walkers) |
| 8:30 – 4:30 p.m. | Billiards              |
| 8:30 – 4:30 p.m. | Honor Library          |
| 3:00 – 4:30 p.m. | Poole Pacers (walkers) |

#### MONDAY

|                         |                                 |                        |
|-------------------------|---------------------------------|------------------------|
| 10:00 a.m. – 1:30 p.m.  | West Metro GA Ambassadors       | 2 <sup>nd</sup> Monday |
| 10:15 a.m.              | Moving on Mondays Walking Group | Weekly                 |
| 11:30 a.m. – 4:00 p.m.  | Mah Jongg                       | Weekly                 |
| 11:30 p.m. – 12:30 p.m. | Blood Pressure                  | 4 <sup>th</sup> Monday |
| 1:00 p.m.               | Bingo Bash*                     | 4 <sup>th</sup> Monday |
| 1:00 p.m. – 4:00 p.m.   | Bid Whist                       | Weekly                 |

#### TUESDAY

|                         |                            |                         |
|-------------------------|----------------------------|-------------------------|
| 9:00 a.m. – 2:00 p.m.   | Covered Bridge Garden Club | 4 <sup>th</sup> Tuesday |
| 10:00 a.m. – 12:30 p.m. | Wii Bowling                | Weekly                  |
| 10:00 a.m. – 12:00 p.m. | Square Dancers             | Weekly                  |
| 11:30 a.m.              | Treat Yourself Tuesdays    | 2 <sup>nd</sup> Tuesday |
| 12:30 p.m. – 4:30 p.m.  | Spinner Dominos            | Weekly                  |
| 1:00 p.m.               | Blood Pressure             | 3 <sup>rd</sup> Tuesday |
| 1:00 p.m.               | Friendship Club            | 3 <sup>rd</sup> Tuesday |

#### WEDNESDAY

|                         |  |   |
|-------------------------|--|---|
| 9:30 a.m. – 3:00 p.m.   | Quilters Guild 1 <sup>st</sup> & 3 <sup>rd</sup> | 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday |
| 10:30 a.m. – 12:00 p.m. | Fun Dancers                                      | Weekly                                      |
| 12:30 p.m. – 2:30 p.m.  | Covered Bridge Carvers                           | Weekly                                      |
| 12:30 p.m. – 4:30       | No Trumbers Bridge                               | Weekly                                      |
| 1:00 p.m. – 4:00 p.m.   | Mah Jongg  | Weekly                                      |
| 1:00 p.m. – 3:00 p.m.   | Bunco  | 2 <sup>nd</sup> Wednesday                   |

#### THURSDAY

|                         |                               |                          |
|-------------------------|-------------------------------|--------------------------|
| 10:00 a.m. – 1:00 p.m.  | Covered Bridge Crafters       | Weekly                   |
| 10:30 a.m. – 12:30 p.m. | Shutterbugs Camera Club       | 1 <sup>st</sup> Thursday |
| 10:30 a.m. – 3:00 p.m.  | Newcomers Mexican Dominoes    | 4 <sup>th</sup> Thursday |
| 10:30 a.m.              | Northwest Metro AT&T Pioneers | 4 <sup>th</sup> Thursday |
| 11:00 a.m. – 2:00 p.m.  | CMREA                         | 2 <sup>nd</sup> Thursday |
| 12:00 p.m. – 3:00 p.m.  | Windy Hill Woodcarvers        | Weekly                   |
| 12:00 p.m. – 4:30 p.m.  | Canasta (Hand and Foot)       | Weekly                   |
| 1:00 p.m. – 4:00 p.m.   | Basket Guild                  | Weekly                   |

#### FRIDAY

|                         |                       |        |
|-------------------------|-----------------------|--------|
| 10:00 a.m. – 3:00 p.m.  | Hand and Foot Canasta | Weekly |
| 10:00 a.m. – 11:00      | Men's Table Tennis    | Weekly |
| 10:30 a.m. – 3:00 p.m.  | Mexican Dominoes      | Weekly |
| 11:00 a.m. – 12:00 p.m. | Ladies Table Tennis   | Weekly |
| 11:30 a.m. – 3:30 p.m.  | Pinochle              | Weekly |
| 12:30 p.m. – 4:30 p.m.  | Crafty Ladies         | Weekly |

\* Registration Required

4.25.12